

BARE AND *Boho*

FITTING GUIDE  
swim nappies



**1. FIT**

Ensure back of swim nappy is just at top of baby's bottom. Pull front up high. Bring the waist tabs up and around hips, creating snug fit.



## 2. ADJUST

Adjust the front rise snaps in lower groin to lengthen or shorten nappy. Select suitable row and connect by lifting upwards and snap in to top row.



## 3. TUCK

Use fingers to push the excess fabric upwards between front groin rise snaps. Pull groin gussets out around thighs for added comfort, or they can be tucked into baby's "undie-line" if that suits your baby's shape more.